

Supporting the Well-Being of Children and Young People in Essex 2008

A summary report of the Essex Children and Young People's Questionnaire

These results are the compilation of data collected from a sample of primary pupils aged 7 to 11 and secondary pupils aged 12 to 18 in Essex during the Spring term 2008. This work was commissioned by Essex County Council and its partners as a way of collecting robust information about children and young people's lifestyles. This information is being used to monitor performance and help with action planning for the Children and Young People's Plan (www.essexcc.gov.uk/cypplan).

Teachers were briefed on how to collect the most reliable data. Then pupils in Years 3-6 in the primary schools and Years 7-13 in the secondary schools anonymously completed the questionnaire. A total of 9153 pupils took part in 96 primary and special schools and 31 secondary schools and sixth forms.

Schools were invited to complete the questionnaire as an online exercise. Schools were also provided with a paper version of the questionnaire if this was easier for them to administer.

Completed paper questionnaires were then returned to the Schools Health Education Unit in Exeter for processing.

The results of this survey build on the results of the first survey undertaken in 2007. Comparative data for 2007 is shown in () in this report.

Age-related data

On pages 6 and 7 of this booklet some questions are presented by age range so that the differences in behaviour can be seen as children grow up.

9153 young people were involved in the survey:

School phase	Primary	Secondary	Total
Age	7-11	12-18	
Boys	2854	1865	4719
Girls	2672	1762	4434
Total	5526	3627	9153

Area data

Essex data have been broken down into datasets for each PCT. A set of tables for each of these areas is also available with comparisons made to the overall Essex data.

Topics include

Background

Healthy eating

Physical activity

Drugs, alcohol and tobacco

Safety

Emotional health and well-being

Recreation

Volunteering

School

“more people should listen to our views and take us seriously”



Essex Primary school pupils

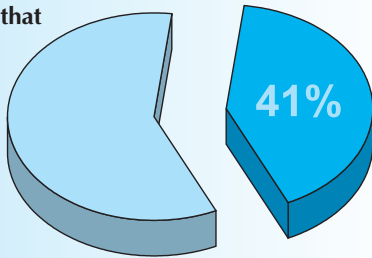
BACKGROUND

- 89% (90%) describe themselves as 'White British'.
- 69% (72%) of primary aged pupils in Essex live with mum and dad together. 12% (12%) live with mainly or only mum.
- 8% (8%) of pupils said they have a special need or disability. When asked for detail about their circumstances, these range from learning difficulties to physical difficulties such as mobility problems and hearing problems.

HEALTHY EATING

Meal last night

- 41% (43%) of pupils said that they had vegetables to eat as part of their evening meal the night before.
- 58% (55%) said they had meat, 11% (11%) said they had fish the night before.
- 26% (24%) said they had chips to eat, 23% (25%) said other potatoes, 22% (22%) said pasta or rice and 19% (17%) said they had bread as part of their evening meal.
- 62% (61%) of pupils said that their meal was cooked from fresh/frozen ingredients, 16% (15%) said it was a 'ready-meal' and 9% (8%) said it was a take-away meal.

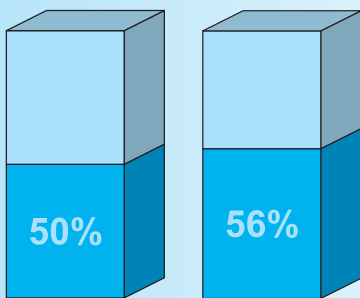


Lunch at school

- 61% (61%) of pupils had a packed lunch at school, 37% (33%) had a dinner for their last school lunch.
- 44% (43%) had a fruit juice drink with their lunch, 37% (38%) had fresh fruit and 26% (26%) had yoghurt. 1% (2%) said they had a fizzy drink, 34% (36%) had crisps and 29% (31%) had chocolate with their last school lunch.

Five a day

- 9% (9%) of pupils said that they had no portions of fruit or vegetables the day before. 24% (25%) said that they had 5 or more portions.



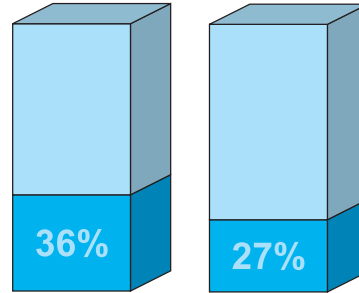
- 50% (53%) of pupils said that they eat vegetables 'on most days'. 56% (58%) said that they have fresh fruit 'on most days'.

- 33% (34%) of boys and 29% (26%) of girls eat sweets or chocolates 'on most days'.
- 31% (31%) of boys and 27% (26%) of girls eat crisps 'on most days'.

Healthy drinking

- 7% (8%) of pupils said that they drank no water the day before.
- 75% (74%) said that they drink water or watery drinks 'on most days'.
- 20% (19%) said that they drink tea or coffee 'on most days'.
- 17% (15%) said that they drink low calorie fizzy drinks, another 17% (15%) said they drink 'other' fizzy drinks 'on most days'.

Attitude to weight

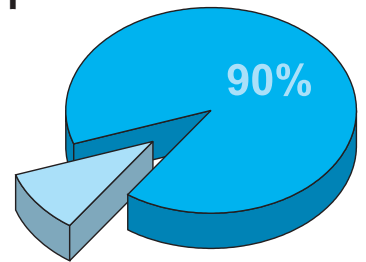


- 36% (37%) of girls and 27% (27%) of boys in the primary sample said that they would like to lose weight.

- 63% (62%) of pupils said they were happy with their weight.
- 21% (19%) of boys and 34% (32%) of girls worry 'quite a lot' or 'a lot' about the way they look.

PHYSICAL ACTIVITY

- 90% (90%) of pupils reported that they enjoy physical activities 'quite a lot' or 'a lot'.



- 56% (56%) of boys and 39% (39%) of girls played sport after school the day before.
- 62% (64%) of boys and 57% (57%) of girls reported that they had exercised four times or more, in the last week, which made them breathe harder.
- When asked what would encourage them to exercise more the top answers included:

	Boys	Girls
Fun activities	81% (82%)	Fun activities 86% (85%)
Better playparks and leisure centres	62% (65%)	Someone to exercise with 70% (67%)
Activities at school	62% (64%)	Activities at school 70% (67%)

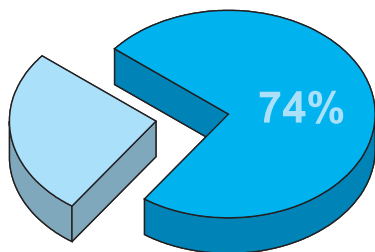
- 51% (51%) of pupils walked to school on the day of the survey, 49% (46%) came by car.

EMOTIONAL HEALTH & WELL-BEING

- 67% (66%) of pupils said that they get on well with their teacher. 63% (62%) said this about classroom assistants.
- Only 45% (44%) of pupils said that they get on well with mealtime assistants.

"we should have cooking classes so we know how to cook and what goes into school dinners and other food we buy"

- 74% (72%) said that they have lots of friends at school.

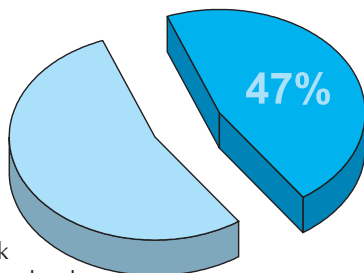


- 30% (30%) of boys and 44% (45%) of girls worry about what other people think of them.
- 44% (45%) of pupils worry about tests/SATs.
- 32% (35%) of pupils worry about the environment, 30% (31%) about family problems and 29% (30%) worry about their safety.
- 73% (72%) of pupils said that there was someone they missed really badly. 21% (26%) said this was because they had gone away, 33% (36%) said it was because they had died, 5% (7%) said because they were ill.
- When asked if it would help to talk to anyone about this, 46% (57%) said family, 30% (35%) said a friend, 9% (10%) said their teacher and 4% (4%) said a counsellor.
- 87% (89%) of pupils said that if they have a problem they would talk to someone they know.
- 13% (11%) said they wouldn't talk to anyone or they would try to work the problem out themselves

“Every child should have a loving and caring family”

BULLYING

- 47% (49%) of pupils reported that they felt afraid to go to school because of bullying, at least sometimes.

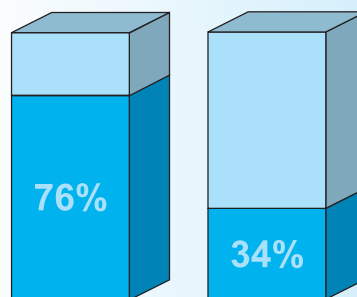


- 5% (4%) said that they think others felt afraid of going to school because of them, 32% (34%) didn't know.
- When asked where bullying happened, 54% (61%) of pupils reported outside at breaktime, 17% (19%) said during lesson time, 23% (25%) said at or near home, and 8% (9%) reported on the way to or from school.
- When asked if they had told anyone about it, 51% (57%) had told mum, 39% (42%) had told dad. 31% (33%) had told their teacher about it.
- 62% (62%) of pupils said that the problem had got better; 16% (15%) said it hadn't and another 22% (23%) said they weren't sure.
- 56% (32%) of pupils said they think the school council could help prevent bullying at school.
- 61% (38%) of pupils said they think older children looking after younger children could help prevent bullying at school.

“There should be no bullying because it makes people think they are not wanted”

SAFETY

- 88% (88%) of pupils said they 'usually' or 'always' felt safe at home. 83% (81%) felt safe on the way to and from school and at school.



- 76% (75%) said that they felt safe going out during the day, this fell to 34% (32%) going out at night.
- 69% (64%) of pupils said that seeing the police around made them feel safe. 74% (69%) said having a mobile phone made them feel safe.

RECREATION

- 28% (28%) of pupils belong to a swimming club. 14% (14%) of girls belong to a gymnastics club and 33% (33%) of girls go to a dance class.
- 53% (53%) of pupils said that generally there was enough to do in their area. 31% (31%) said that there wasn't enough to do.
- 49% (48%) of pupils said they use their local playpark 'quite a lot' or 'every week'. 33% (32%) said this about their local library.
- 45% said that their local leisure centre is 'good' or 'excellent'. 61% said the same about the local cinema.
- 31% (29%) of pupils are allowed to play outside in the street on their own. 25% (22%) are allowed to play outside in the play park on their own.

VOLUNTEERING

- 20% of pupils said they look after family members every day.
- 15% said they help other people near their home and 17% help other pupils at school 'every day'. 17% said they help to improve the environment 'every day'.

“We should have more of a say about what happens in our community”

SCHOOL

- 77% of pupils said they had voted in a school or class council in the last year.
- 53% of pupils think their views are listened to 'quite a bit' or 'a lot' in the running of their school.
- Comparison of boys and girls enjoyment of school:**

	Boys	Girls
Always	22%	28%
Mostly	34%	43%
Sometimes	32%	24%
Never	12%	6%

- 67% of girls and 55% of boys said they always try their best in school.
- 29% of pupils (30% of boys and 28% of girls) said it is 'very' or 'quite difficult' to get help from their teacher.
- 53% of pupils think their views are listened to 'quite a bit' or 'a lot' in the running of their school.

When asked for the one thing that would make children's lives better, the top two answers were an end to bullying and more/better play areas.

Essex Secondary school pupils

BACKGROUND

- 91% (92%) describe themselves as 'White British'.
- 63% (63%) of secondary aged pupils in Essex live with mum and dad together. 16% (15%) live with mainly or only mum.
- 6% (7%) of pupils said that they have a special need or disability. When asked for detail about their circumstances, these are listed mainly as Dyslexia, other learning difficulties and behaviour problems.

HEALTHY EATING

Meal last night

- 37% (36%) of pupils said they had vegetables to eat as part of their evening meal the night before. 55% (57%) said they had meat, 8% (8%) said they had fish the night before.
- 17% (20%) said they had chips to eat, 23% (24%) said other potatoes, 26% (26%) said pasta or rice and 11% (12%) said they had bread as part of their evening meal.
- 76% (77%) of pupils said their meal was cooked from fresh/frozen ingredients, 7% (7%) said it was a 'ready-meal', 7% (8%) said it was a take-away meal.

Lunch at school

- 45% (43%) of pupils had a packed lunch, 22% (22%) had a hot lunch from the cafeteria and 13% (16%) said they had a cold lunch from the cafeteria for their last school lunch. **10% (11%) said they did not have any lunch.**
- 33% (30%) had a fruit juice drink with their lunch, 20% (18%) had fresh fruit and 8% (8%) had yoghurt. 9% (8%) said they had a fizzy drink, 25% (23%) had crisps and 23% (21%) had chocolate with their last school lunch.

Five a day

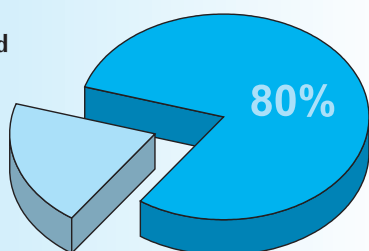
- 11% (10%) of pupils said that they had no portions of fruit or vegetables the day before. 15% (16%) said that they had 5 or more portions.
- 48% (48%) of pupils said that they eat vegetables 'on most days'. 44% (47%) said that they have fresh fruit 'on most days'.

Breakfast

- 16% (17%) of girls and 13% (12%) of boys in the secondary sample said that they had nothing to eat or drink the morning of the survey.**

PHYSICAL ACTIVITY

- 80% (80%) of pupils reported that they enjoyed physical activities 'quite a lot' or 'a lot'.**



- 56% (54%) of boys and 39% (35%) of girls reported that they had exercised four times or more in the last week, which made them breathe harder.
- 9% (9%) of pupils said they did not drink any water the day before the survey.

- 53% (53%) of girls and 28% (32%) of boys would like to lose weight.
- When asked what would encourage them to exercise more the top answers included:**

	Boys		Girls
Fun activities	52% (53%)	Fun activities	58% (57%)
Someone to exercise with	42% (44%)	Someone to exercise with	57% (55%)
Better local facilities	31% (31%)	Activities with music	48% (47%)
Cheaper or free activities	29% (29%)	Cheaper or free activities	37% (37%)

- 52% (48%) of pupils usually walk to school, 29% (28%) travel by car or van and 21% (29%) by bus.

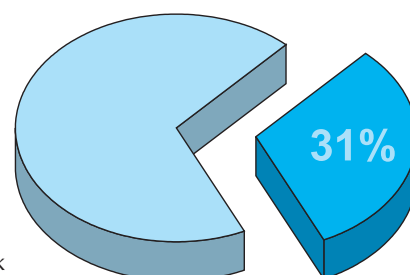
TOBACCO, ALCOHOL & OTHER DRUGS

Tobacco

- 69% (67%) of pupils said they have never smoked a cigarette.**
- 17% (19%) of 15 year olds smoked in the last week.
- 10% (11%) of pupils reported that they smoke occasionally or regularly. 5% (6%) say that they used to smoke but don't now.
- 8% (9%) of boys and 12% (12%) of girls smoked in the last week.
- 23% of pupils who smoke bought their last cigarettes from a shop.
- When asked if anything would encourage them to give up, the top answers included having poor health, smelling of smoke and finding out about the effects on health.

Alcohol

- 32% (31%) of pupils said that they drink alcohol occasionally or regularly.**

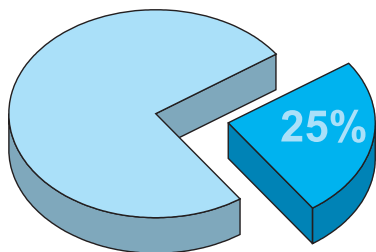


- 17% (17%) said that they have never drunk alcohol.
- 52% (55%) of 15 year olds drank alcohol in the last week.
- 9% (8%) of pupils said they usually buy alcohol from an off-licence that should sell only to over-eighteens. 27% (25%) of pupils said they usually get alcohol from friends or relatives; 34% (32%) said from their parents.
- 28% (31%) of pupils said they had drunk alcohol at home in the seven days before the survey. 16% (15%) drank it at a friend's home and 11% (11%) said outside in a public place.
- 16% of pupils who drink consumed 7 or more units of alcohol in the last week.
- 21% of the girls and 13% of the boys who drink said that they had been very drunk at least once in the last month.
- 23% (26%) of pupils said that they had been very drunk at least once in the past 6 months. 5% (4%) said in the last week.
- Of those who have had alcohol, 47% (45%) said they had never been very drunk, 19% (21%) said only once.
- When asked what would encourage them not to get drunk, the top answers included health reasons, if they or a friend got hurt or into trouble, unable to buy it or more things to do in the area.

"We need things to do instead of getting drunk every Saturday"

Other Drugs

25% (25%) of pupils said that they had been offered illegal drugs.



- 9% (16%) of 15 year olds said that they took drugs in the last month.
- 18% (18%) of pupils said that they had taken drugs not prescribed by a doctor.
- 6% (5%) of pupils reported that they had taken an illegal drug in the last month. 9% (9%) said in the last year and 12% (11%) said more than a year ago.
- The most popular drug was cannabis the second most common were poppers. When asked where they got hold of these substances, 9% (9%) said from friends, 5% (5%) said from a dealer.

BULLYING

- 27% (27%) of pupils, 32% of girls and 23% of boys, reported that they felt afraid to go to school because of bullying, at least sometimes.
- 20% (20%) of pupils said that they 'didn't know' if others felt afraid of going to school because of them.
- When asked where bullying happened, 28% (28%) of pupils reported outside at breaktime, 21% (20%) said during lesson time, 15% (15%) said in the corridors, and 9% (10%) reported on the way to or from school.
- When asked if they had told anyone about it, 21% (21%) had told mum, 14% (12%) had told dad. 28% (28%) had told a friend, and 11% (9%) had told their teacher about it.
- 56% (54%) of pupils said the problem had got better; 16% (15%) said it hadn't and another 29% (31%) said that they weren't sure.
- 38% (41%) of pupils said that they think anti-bullying schemes could help prevent bullying at school, 36% (38%) said friendship activities might help.

SAFETY

- 89% (90%) of pupils said that they 'usually' or 'always' felt safe at home. 84% (86%) felt safe on the way to and from school and at school.
- 87% (88%) said that they felt safe going out during the day, this fell to 48% (50%) going out at night.
- 54% (54%) of pupils said that seeing the police around made them feel safe. 80% (80%) said having a mobile phone made them feel safe.
- 14% (14%) of pupils said they had been the victim of crime in the past 12 months. 5% (6%) had been attacked, 3% (3%) had their mobile phone stolen. Half of these pupils said that it happened at school. When asked who did this, 78% (79%) said by someone under 18.

EMOTIONAL HEALTH & WELL-BEING

- 57% (54%) of pupils said that they get on well with their form teacher. 43% (40%) said this about other teachers. Only 21% (22%) of pupils said that they get on well with mealtime assistants.
- 36% (43%) of boys and 53% (53%) of girls said that they worry 'quite a lot' or 'a lot' about SATs/exams.
- 36% (37%) of pupils, 27% of boys and 46% of girls, worry about what other people think of them. 35% (38%) worry about relationships, 35% (35%) about being fashionable and 30% (32%) worry about their diet.

- 47% (49%) of pupils said that there was someone they missed really badly. 10% (11%) said this was due to a separation or divorce, 21% (22%) said it was because they had died and 3% (3%) said because they were ill.
- When asked if it would help to talk to anyone about this, 17% (19%) said family, 20% (22%) said friend and 3% (2%) said a counsellor.

"I hate the fact that you have to be fashionable and cool or you are never accepted"

RECREATION

- 25% (21%) of pupils said there is generally enough to do in their area. 59% (64%) said that there is not enough to do.
- 19% (22%) of pupils said that they use their local playpark at least once a week. 17% (17%) said this about their local leisure centre.

VOLUNTEERING

- 55% (57%) of boys and 66% (64%) of girls said that they give to charity 'at least a few days a year'. 33% (36%) of boys and 21% (26%) of girls said that they coach other people in sport.
- 52% (57%) of boys and 57% (65%) of girls said that they help care for relatives or friends who are ill or have a disability. 9% (12%) of boys and 12% (15%) of girls said that they do this every day.**

"Adults should actually listen to what we want and respect our ideas and thoughts"

SCHOOL

- 38% of pupils do not think their views about running their school are listened to very much.
- 47% of pupils, 52% of girls and 43% of boys, hope to go to university when they leave school.**
- Comparison of boys and girls enjoyment of school:**

	Boys	Girls
Always	7%	8%
Mostly	44%	49%
Sometimes	39%	37%
Never	10%	6%

- 33% of girls and 25% of boys said they always try their best in school.
- 31% of pupils said it was 'very' or 'quite difficult' to get help from teachers.
- 44% of pupils said they had voted or sat on a school or class council in the last year.

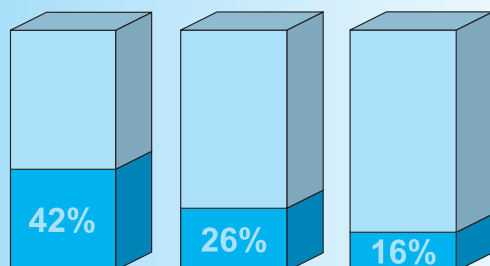
When asked for the one thing that would make children's lives better, the top two answers were more clubs and facilities and less bullying.

Cross phase data – a closer look at some of the questions by age

The following is a selection of data relating to the set of questions found in both the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up but this analysis is also useful because it can raise some important questions for local discussion.

BULLYING

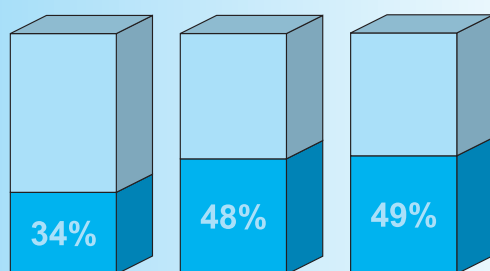
- 42% (43%) of Year 6 pupils, 26% (26%) of Years 9-10 and 16% (16%) of Years 11-13 pupils say that they feel afraid to go to school because of bullying at least sometimes.



The question does not say what bullying is, it asks for *fear of going to school* because of bullying. What effect is this fear likely to have on the school performance of the pupil?

CONCERNS

- 34% (35%) of Year 6 girls, 48% (50%) of Years 9-10 and 49% (47%) of Years 11-13 girls said they worried about being fashionable 'quite often' or 'very often'.



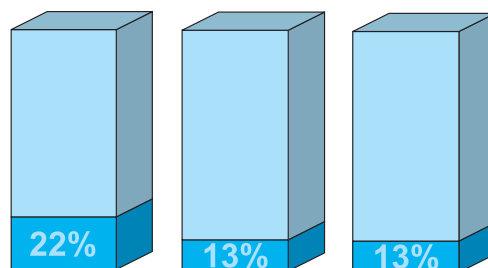
- An increase in the proportions of boys worrying about money was observed as age increased. 15% (19%) of Years 7-8 boys increased to 26% (30%) in Years 11-13. This was even higher for girls 14% (15%) in Years 7-8 rising to 38% (41%) in Years 11-13.

Are these levels of worrying a cause for concern?

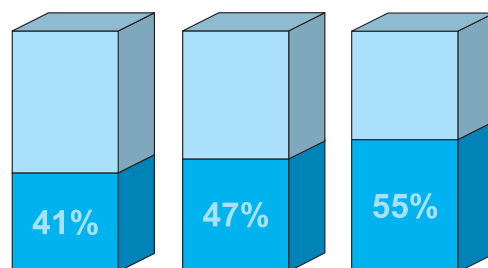
HEALTHY EATING

- There is a downward trend in the number of pupils who report having a packed lunch at school. 66% (59%) of Year 6 pupils, 45% (44%) of Years 9-10 and 40% (40%) of Years 11-13 pupils had a packed lunch for their last school lunch.

- There is a downward trend in the number of pupils who report eating five portions of fruit or vegetables the day before. 22% (26%) of Year 6 falls to 13% (14%) of Years 9-10 and 13% (13%) of Years 11-13 pupils.

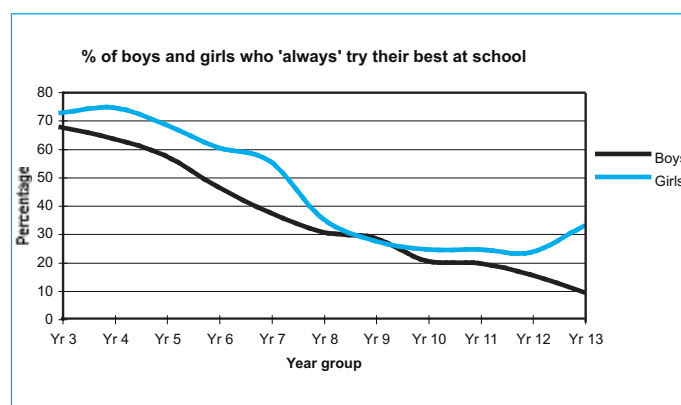


- There is an increase in the proportions of girls who report having nothing to eat or drink for breakfast. 4% (1%) of Year 6 rises to 22% (18%) of Years 9-10 and drops again to 14% (20%) of Years 11-13 girls.
- 41% (41%) of Year 6 girls said that they would like to lose weight, this rises to 47% (49%) of Years 7-8 and 55% (55%) of Years 9-10 girls.



Are girls skipping breakfast in an attempt to lose weight? Could they be encouraged to increase activity levels instead?

SCHOOL

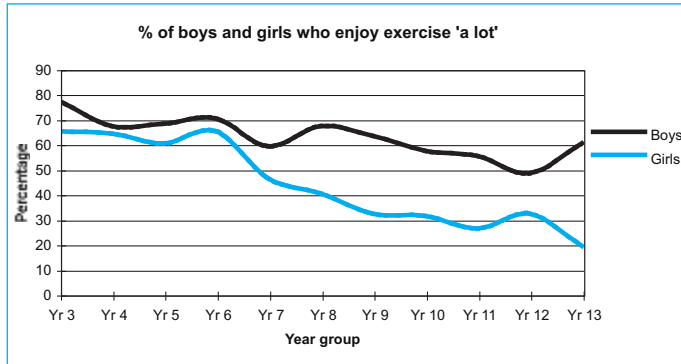


- 89% of primary pupils and 79% of secondary pupils said that they tried their best at school most of the time.
- 48% of primary pupils and 41% of secondary pupils said that a quieter/better behaved group would help them to do better at school.

As they get older why do pupils seem not to try their best at school? Why is there a difference between boys and girls? What might be done to encourage pupils to do their best at school?

PHYSICAL ACTIVITIES

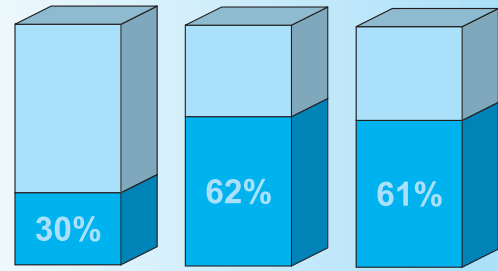
- 88% (88%) of Year 6 girls said that they enjoy physical activities 'quite a lot' or 'a lot'. This figure has dropped to 70% (73%) in Years 9-10 and 61% (65%) in Years 11-13.



- These figures compare with 92% of Year 6 boys, 88% (86) in Years 9-10 and 81% (82%) in Years 11-13.
- 57% (58%) of Year 6 girls, 35% (34%) of Years 9-10 girls and 24% (22%) of Years 11-13 girls said that they exercised hard at least 4 times last week.

RECREATION

- 30% (34%) of Year 6 boys, 62% (64%) of Years 9-10 boys and 61% (69%) of Years 11-13 boys say there is not enough for them to do in their local area.

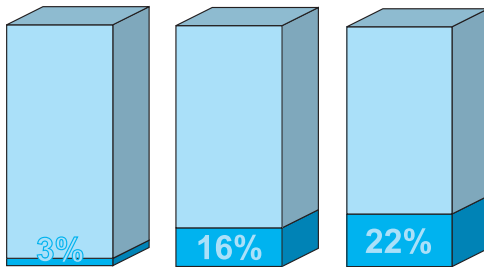


What local facilities are available for youngsters to be active? Are boys encouraged to do sport more than girls?

SECONDARY ONLY QUESTIONS

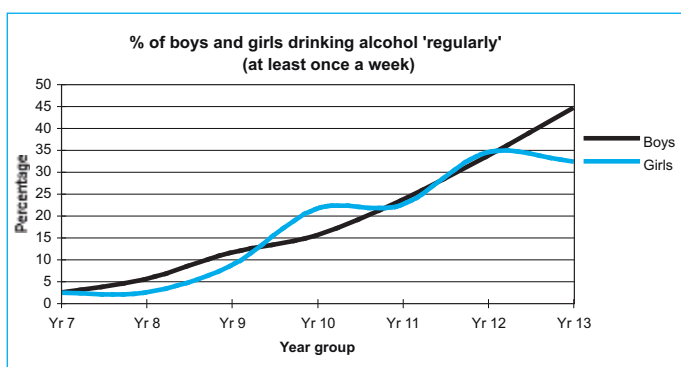
TOBACCO

- 88% (86%) of Years 7-8 girls, 57% (56%) of Years 9-10 girls and 45% (40%) of Years 11-13 girls said that they have never smoked.
- 3% (3%) of Years 7-8 girls, 16% (14%) of Years 9-10 girls and 22% (21%) of Years 11-13 girls smoked in the week before the survey.



ALCOHOL

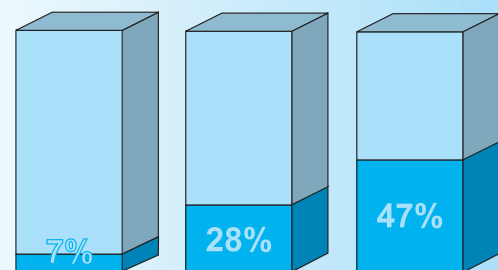
- 12% (10%) of Years 7-8 boys drink alcohol 'occasionally' or 'regularly'. This rises to 32% (33%) of Years 9-10 boys and 57% (58%) of Years 11-13 boys.



- 4% (8%) of Years 7/8 boys drank beer the week before the survey, this rose to 19% (22%) of Years 9/10 boys and 38% (42%) of Year 11-13 boys.
- For the girls, pre-mixed spirits are most popular. 7% (13%) of Years 7-8 girls, 24% (29%) of Years 9-10 girls and 29% (35%) of Years 11-13 girls said that they drank these in the previous week.
- The older the pupil, the more likely they are to report being very drunk in the past month.

DRUGS

- 7% (8%) of Years 7-8 pupils, 28% (27%) of Years 9-10 and 47% (49%) of Years 11-13 pupils reported that they have been offered illegal drugs.



- Within the last year 1% (2%) of Years 7-8 pupils had taken cannabis, 8% (12%) of Years 9-10 pupils said the same, this rose to 16% (25%) of Years 11-13 pupils.

At what age is it appropriate to drink alcohol? Can anything further be done to reduce smoking and drug use? What makes young people take risks with substances?

"We need places to go where young people can stay out of crime and drugs"

The Way Forward - over to you

Thank you to all the headteachers, staff and young people for their time and contributions to this survey. This survey of children and young people's views on their attitudes and actions has been an integral piece of work in providing information that will assist schools, the local authority and its partners in concentrating on the priorities in the Children and Young People's Plan and the Every Child Matters agenda. It will also act as a resource to help schools establish appropriate curriculum development particularly in PSHEE and provide data to support aspects of the Ofsted self evaluation form.

Thank you also to the members of the Children's Trust Approach in Essex for their work and support in undertaking this survey.

Our thanks go to the staff and pupils of the schools that took part in the survey:

Primaries

Alresford Primary; Ardleigh St Mary's CE (VC) Primary; Baynards Primary; Beckers Green Primary; Beehive Lane Community Primary; Birchanger CE (VC) Primary; Bocking Church Street Primary; Boreham Primary; Broomgrove Junior; Burnham-on-Crouch Primary; Canewdon Endowed CE (VC) Primary and Nursery; Canvey Junior; Chancellor Park Primary, Chelmsford; Cherry Tree Primary, Basildon; Churchgate CE (VA) Primary, Harlow; Collingwood Primary; Copford CE (VC) Primary; Earls Colne Primary and Nursery; Fawbert and Barnard (UNDL) Primary; Frinton-on-Sea Primary; Frobisher Primary and Nursery; Ghyllgrove Community Junior; Gosfield Primary; Great Bentley Primary; Great Dunmow Primary; Great Totham Primary; Great Waltham CE (VC) Primary; Hazelmere Junior; Highfields Primary; Hogarth Primary; Holland Park Primary; Howbridge CE (VC) Junior, Witham; Hutton All Saints' CE Primary; Jerounds Community Junior; Katherine Semar Junior; Kings Road Primary; Lambourne Primary; Latton Green Primary; Lexden Primary with Unit for Hearing Impaired Pupils and Nursery; Limes Farm Junior; Long Ridings Primary; Maldon Primary; Messing-Cum-Inworth Primary; Monkwick Junior; Moulsham Junior; Newport Primary; Noak Bridge Primary; Notley Green

Primary; Pitsea Junior; Powers Hall Junior; Rayleigh Primary; Roach Vale Primary; Rolph CE (VA) Primary; Roydon Primary; Southminster CE (VC) Primary; St Andrew's CE (VC) Primary, Marks Tey; St Andrews Junior; St Anne Line Catholic Junior; St John's CE (VC) Primary, Danbury; St Luke's Catholic Primary; St Mary's CE (Foundation) Primary, Stansted; St Mary's CE (VA) Primary, Saffron Walden; St Nicholas' CE (VC) Primary, Rayleigh; St Nicholas CE (VC) Primary, Tillingham; St Teresa's Catholic Primary, Basildon; St Teresa's Catholic Primary, Hawkwell; Stambridge Primary; Stapleford Abbots Primary; Stock CE Primary; Sunnymede Junior; Templars Junior; Thaxted Primary; The Bishop William Ward CE Primary; The Westerings Primary; Thomas Willingale Primary; Trinity St Mary's CE (VA) Primary, South Woodham Ferrers; Walton-on-the-Naze Primary; Warley Primary; White Notley CE (VC) Primary; Wickford Junior; William Read Primary; Willow Brook Primary and Nursery, and Woodville Primary.

Secondaries

Anglo European; De La Salle; Furtherwick Park; Great Baddow High; Greensward College; Heddingham School and Sixth Form; Hylands; King Harold; Manningtree High; Mark Hall Community and Sports College; Mayflower High; Notley High; Passmores School and Technology College; The Plume;

Shenfield High; St Martin's; St Peter's CE Specialist Arts College; Tabor Science College; Tendring Technology College; The Billericay; The Boswells; The Bromfords; The Gilberd; The Harwich; The Honeywood Community Science; The John Bramston School and Sixth Form College; The King John; The Ramsey College; The Rickstones; Thurstable Sports College and Sixth Form Centre, and West Hatch High

Specials

Cedar Hall; Market Field; Southview, and The Edith Borthwick.

Integrated Support Service

Heybridge and Harlow.

Further information

If you have any queries or would like further information on the data contained in this booklet, please email cypplan@essex.gov.uk Telephone **01245 431348** or write to the **Schools, Children and Families Directorate** Essex County Council County Hall, PO Box 11, Chelmsford Essex CM1 1LX.

The Schools Health Education Unit

Telephone 01392 667272, www.sheu.org.uk.

"I think adults should listen and respect us more"