

Tendring

This profile gives a snapshot of health in your area. It is designed to help local government and primary care trusts tackle health inequalities and improve people's health.

Health Profiles are produced annually by the Association of Public Health Observatories and funded by the Department of Health.

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POPULATION 146,200

Mid-2007 population estimate

Source: National Statistics website: www.statistics.gov.uk



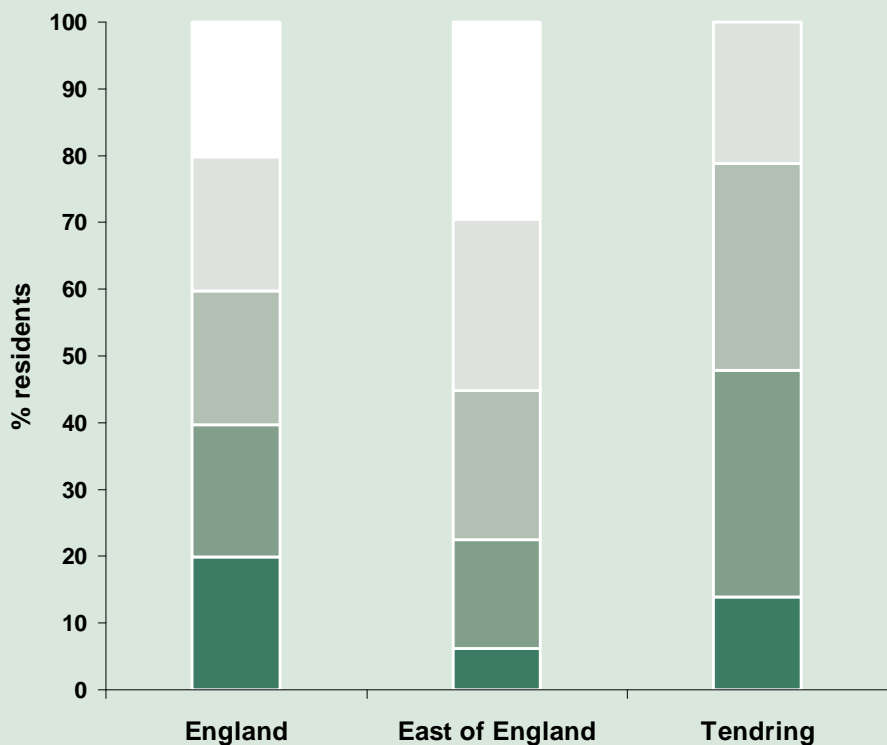
Tendring at a glance

- The health of people in Tendring is similar to the England average. However, GCSE achievement, road injuries and deaths and the proportion of people diagnosed with diabetes appear worse than the England average; and binge drinking adults, hospital stays for alcohol related harm and hip fracture in over-65s appear better than the England average.
- There are inequalities within Tendring by gender, location, deprivation and ethnicity. For example, men from Tendring's least deprived areas can expect to live almost 8 years longer than those in the most deprived areas.
- Over the past ten years rates of deaths from all causes, early deaths from cancer and early deaths from heart disease and stroke have improved for men and women, and are similar to the England average.
- Children in Tendring are more physically active in schools and 1 in 13 children in Reception is obese, which is significantly better than the England average. In addition, levels of children's tooth decay are better in Tendring than the England or regional average.
- Mental health remains a key challenge with high levels of incapacity benefit claimants located within Tendring as compared to the England average.
- For more information please refer to the latest Health Needs Assessment at <http://www.northeastsexpct.nhs.uk> (on the page 'About Us') and for more up to date lifestyle data please refer to www.erpho.org.uk/lsr/



Deprivation

This chart shows the proportion of residents within England, the region and the local authority living in neighbourhoods belonging to each of the five national deprivation quintiles. These quintiles were derived by arranging all the small areas (Lower Super Output Areas) in England in rank order according to the deprivation scores in the Index of Multiple Deprivation 2007 and dividing them into five equal groupings. The resident numbers are based on the 2005 population figures.



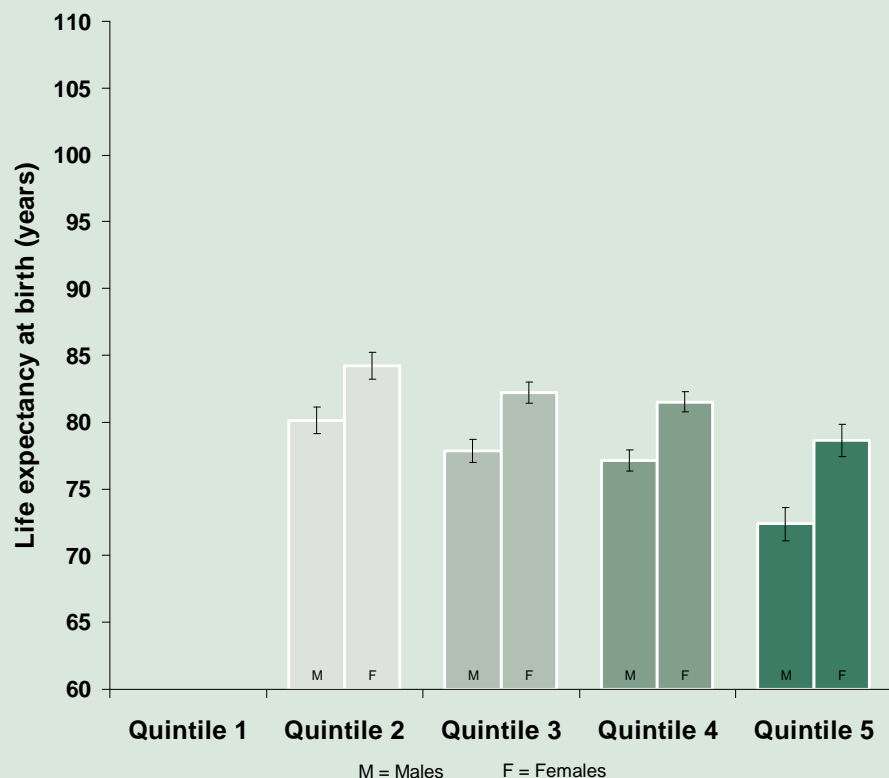
- 1 - least deprived quintile
- 2
- 3
- 4
- 5 - most deprived quintile

Quintile	Residents %	Residents Number
1	0.0	0
2	21.2	30,474
3	31.0	44,535
4	33.9	48,759
5	13.9	19,938
All	100.0	143,706

Tendring

Health inequalities: life expectancy

This chart shows the life expectancy at birth for males and females (2003-2007) within the local authority by national deprivation quintiles. Note the figures in this chart are based on data for five years. The life expectancy figures presented in the health summary chart are based on data for three years.



- 1 - least deprived quintile
- 2
- 3
- 4
- 5 - most deprived quintile

Quintile	Male Years	Female Years
1		
2	80.1	84.2
3	77.9	82.2
4	77.1	81.5
5	72.4	78.6
All	77.3	81.8

Tendring

Where the total male or female population (2003-2007) is less than 5,000 the life expectancy figures are not shown (n/a).

Health inequalities: changes over time

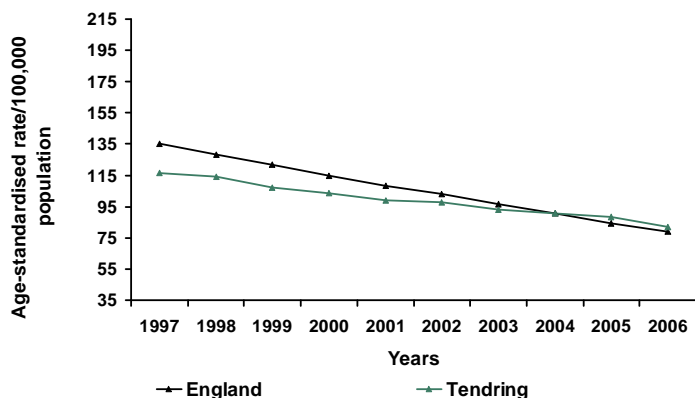
These trend graphs show how changes in health for this local authority compare with changes for the whole of England. Data points are mid-points of 3 year moving averages of annual rates e.g. 1997 represents the 3 year period 1996-98.

Trend 1 compares death rates (at all ages and from all causes) in this local authority with those for England.

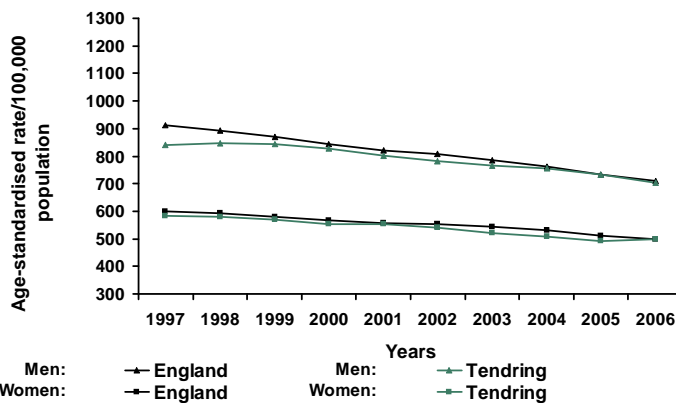
Trend 2 compares rates of early death from heart disease and stroke (in people under 75) in this local authority with those for England.

Trend 3 compares rates of early death from cancer (in people under 75) in this local authority with those for England.

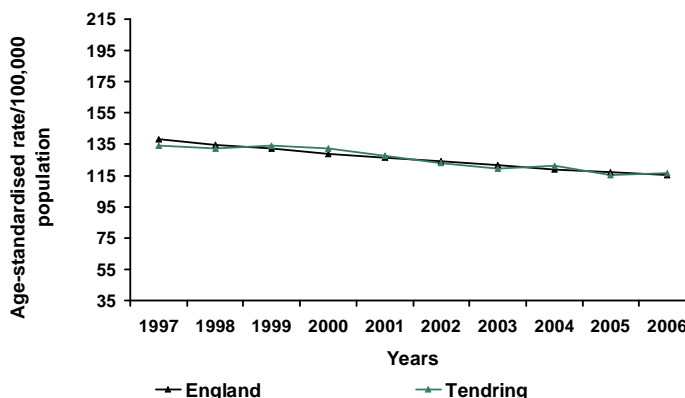
Trend 2: Early death rates from heart disease and stroke



Trend 1: All age, all cause mortality

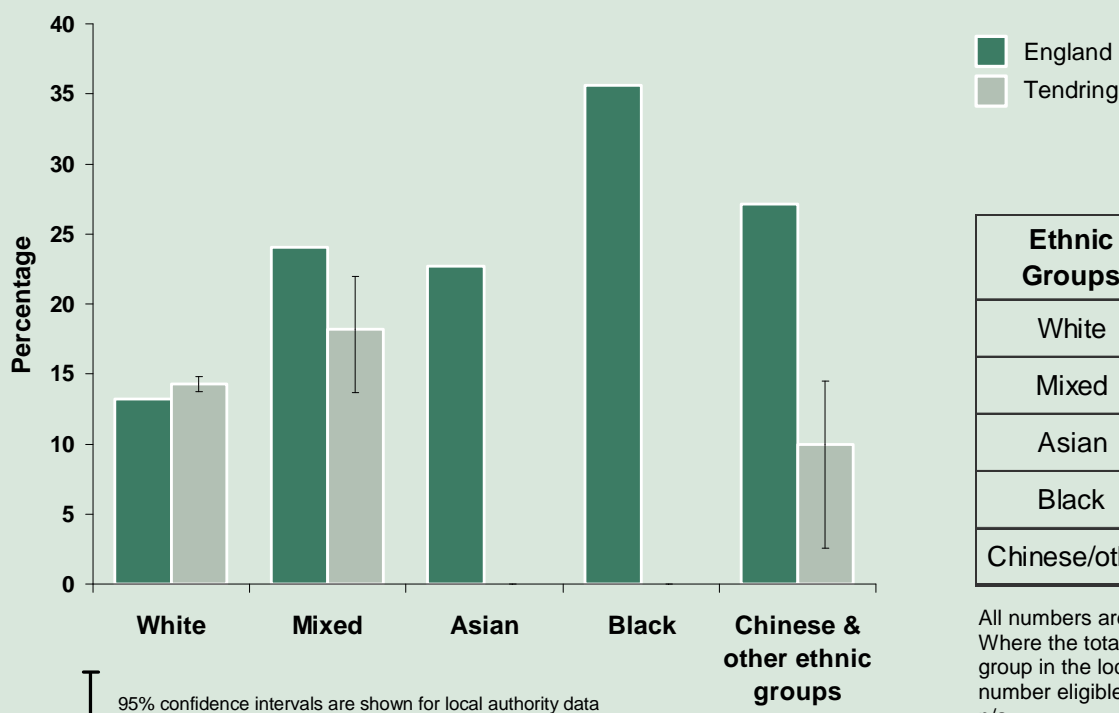


Trend 3: Early death rates from cancer



Health inequalities: ethnicity

This chart compares the percentage of children in each ethnic group who are eligible for free school meals (2008). Eligibility for free school meals is an indicator of deprivation, and people who suffer more deprivation tend to have poorer health. Comparing deprivation by ethnic group helps identify potential health inequalities between the groups.



Ethnic Groups	% eligible	Number eligible
White	14.3	2,260
Mixed	18.2	60
Asian	n/a	n/a
Black	n/a	n/a
Chinese/other	10.0	10

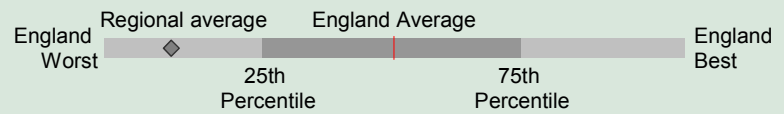
All numbers are rounded to the nearest 10. Where the total school population in an ethnic group in the local authority is less than 30, or the number eligible is less than 5, the table shows n/a.

Health summary for Tendring

The chart below shows how people's health in this local authority compares to the rest of England. The local result for each indicator is shown as a circle, against the range of results for England which is shown as a bar. A green circle may still indicate an important public health problem.

- Significantly worse than England average
- Not significantly different from England average
- Significantly better than England average
- No significance can be calculated

* relates to National Indicator Set 2009



Domain	Indicator	Local No. Per Year	Local Value	Eng Avg	Eng Worst	England Range	Eng Best
Our communities	1 Deprivation	19938	13.9	19.9	89.2	[Bar chart showing local result as a green circle significantly better than England average]	0.0
	2 Children in poverty *	5480	22.6	22.4	66.5	[Bar chart showing local result as a yellow circle not significantly different from England average]	6.0
	3 Statutory homelessness	198	3.0	2.8	8.9	[Bar chart showing local result as a yellow circle not significantly different from England average]	0.0
	4 GCSE achieved (5A*-C inc. Eng & Maths) *	630	38.0	48.3	26.5	[Bar chart showing local result as a red circle significantly worse than England average]	73.3
	5 Violent crime *	1988	13.7	17.6	38.4	[Bar chart showing local result as a green circle significantly better than England average]	4.8
	6 Carbon emissions *	791	5.5	7.2	15.7	[Bar chart showing local result as a white circle with no significance]	4.6
Childrens and young people's health	7 Smoking in pregnancy	271	20.8	14.7	37.8	[Bar chart showing local result as a red circle significantly worse than England average]	3.7
	8 Breast feeding initiation *	966	73.9	71.0	32.5	[Bar chart showing local result as a green circle significantly better than England average]	92.2
	9 Physically active children *	15191	92.2	90.0	77.5	[Bar chart showing local result as a green circle significantly better than England average]	100.0
	10 Obese children *	88	7.6	9.6	16.2	[Bar chart showing local result as a green circle significantly better than England average]	3.9
	11 Children's tooth decay (at age 5)	n/a	0.6	1.5	3.2	[Bar chart showing local result as a green circle significantly better than England average]	0.0
	12 Teenage pregnancy (under 18) *	103	40.5	41.2	79.1	[Bar chart showing local result as a yellow circle not significantly different from England average]	15.0
Adults' health and lifestyle	13 Adults who smoke *	n/a	21.6	24.1	40.9	[Bar chart showing local result as a yellow circle not significantly different from England average]	13.7
	14 Binge drinking adults	n/a	14.6	18.0	28.9	[Bar chart showing local result as a green circle significantly better than England average]	9.7
	15 Healthy eating adults	n/a	26.6	26.3	15.8	[Bar chart showing local result as a yellow circle not significantly different from England average]	45.8
	16 Physically active adults	n/a	10.4	10.8	4.4	[Bar chart showing local result as a yellow circle not significantly different from England average]	17.1
	17 Obese adults	n/a	26.6	23.6	31.2	[Bar chart showing local result as a red circle significantly worse than England average]	11.9
Disease and poor health	18 Over 65s 'not in good health'	7151	19.5	21.5	32.5	[Bar chart showing local result as a green circle significantly better than England average]	13.5
	19 Incapacity benefits for mental illness *	2490	32.1	27.7	59.4	[Bar chart showing local result as a red circle significantly worse than England average]	8.7
	20 Hospital stays for alcohol related harm *	2056	1002.0	1472.5	2615.1	[Bar chart showing local result as a green circle significantly better than England average]	639.9
	21 Drug misuse	358	4.3	9.8	27.5	[Bar chart showing local result as a green circle significantly better than England average]	1.3
	22 People diagnosed with diabetes	7423	5.1	4.1	6.3	[Bar chart showing local result as a red circle significantly worse than England average]	2.6
	23 New cases of tuberculosis	n/a	n/a	15.0	102.1	[Bar chart showing local result as a green circle significantly better than England average]	0.0
	24 Hip fracture in over-65s	232	414.5	479.8	699.8	[Bar chart showing local result as a green circle significantly better than England average]	219.0
Life expectancy and causes of death	25 Excess winter deaths	126	18.9	17.0	30.3	[Bar chart showing local result as a yellow circle not significantly different from England average]	4.0
	26 Life expectancy - male *	n/a	77.7	77.7	73.2	[Bar chart showing local result as a yellow circle not significantly different from England average]	83.7
	27 Life expectancy - female *	n/a	81.8	81.8	78.1	[Bar chart showing local result as a yellow circle not significantly different from England average]	87.8
	28 Infant deaths	6	4.5	4.9	9.6	[Bar chart showing local result as a yellow circle not significantly different from England average]	1.3
	29 Deaths from smoking	332	196.9	210.2	330.2	[Bar chart showing local result as a yellow circle not significantly different from England average]	134.4
	30 Early deaths: heart disease & stroke *	169	82.0	79.1	130.5	[Bar chart showing local result as a yellow circle not significantly different from England average]	39.6
	31 Early deaths: cancer *	244	116.7	115.5	164.3	[Bar chart showing local result as a yellow circle not significantly different from England average]	75.7
	32 Road injuries and deaths *	97	67.3	54.3	188.3	[Bar chart showing local result as a red circle significantly worse than England average]	18.4

Notes (numbers in bold refer to the above indicators)

1 % of people in this area living in 20% most deprived areas of England 2007 2 % of children living in families receiving means-tested benefits 2007 3 Crude rate per 1,000 households 2007/08 4 % at Key Stage 4 2007/08 5 Recorded violence against the person crimes crude rate per 1,000 population 2007/08 6 Total end user CO2 emissions per capita (tonnes CO2 per resident) 2006 7 % of mothers smoking in pregnancy where status is known 2007/08 8 % of mothers initiating breast feeding where status is known 2007/08 9 % 5-16 year olds who spent at least 2 hours per week on high quality PE and school sport 2007/08 10 % of school children in reception year 2007/08 11 Average number of teeth per child age 5 which were actively decayed, filled or had been extracted 2005/06 12 Under-18 conception rate per 1,000 females (crude rate) 2005-2007 13 %. Modelled estimate from Health Survey for England 2003-2005 14 %. Modelled estimate from Health Survey for England 2003-2005 15 %. Modelled estimate from Health Survey for England 2003-2005 16 % aged 16+ 2007/08 17 %. Modelled estimate from Health Survey for England 2003-2005 18 % who self-assessed general health as 'not good' (directly age and sex standardised) 2001 19 Crude rate per 1,000 working age population 2007 20 Directly age and sex standardised rate per 100,000 population 2007/08 21 Crude rate per 1,000 population aged 15-64 2006/07 22 % of people on GP registers with a recorded diagnosis of diabetes 2007/08 23 Crude rate per 100,000 population 2004-2006 24 Directly age-standardised rate for emergency admission 2006/07 25 Ratio of excess winter deaths (observed winter deaths minus expected deaths based on non-winter deaths) to average non-winter deaths 1.08.04- 31.07.07 26 At birth, 2005-2007 27 At birth, 2005-2007 28 Rate per 1,000 live births 2005-2007 29 Per 100,000 population age 35+, directly age standardised rate 2005-2007 30 Directly age standardised rate per 100,000 population under 75 2005-2007 31 Directly age standardised rate per 100,000 population under 75 2005-2007 32 Rate per 100,000 population 2005-2007

More information is available in The Indicator Guide: www.healthprofiles.info For information on your area contact your regional PHO: www.apho.org.uk

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