

**Meeting of the Health, Housing and Wellbeing Partnership Board  
Held on Thursday 12<sup>th</sup> November 2009  
At 1pm – 3pm St Cedd's House**

**Present:**

Krista Levey (KL) (Chair)	Essex County Council
Councillor Lew Schnurr (LS)	Maldon District Tier 1 Councils
Debra Wyrill (DW)	NHS Mid Essex
Lindsey Read (LR)	CARA
Jenny Coates (JEC)	Adult Community Learning
Tina Vale (TV)	NHS Mid Essex
John Swords (JS)	Maldon District Council
Barry Keeble (BK)	IAPT Mid Essex
Craig Boalch (CB)	Maldon District Council
Chris West (CW)	Essex County Council

**1. Welcome, Introductions and Apologies**

DW welcomed everyone, and everyone introduced themselves to the group. Apologies were received from Paul Murphy (CVS), Salleigh White (Moat Homes), James Cornelius (Moat Homes), Jacqui Sinden (Dengie Project Trust), Janet Cloke (50 + Forum) and Paul Gayler (Strategic Housing Manager, Maldon District Council).

**2. Announcement of Any Other Business**

Tina Vale would like to give an update on seasonal flu for the over 60's.

John Swords would like to update the group on the hold scheme.

**3. Improving Access to Psychological Therapies– Barry Keeble –IAPT Mid Essex**

IAPT work in close partnership with general practitioners who will refer patients on to IAPT for the appropriate help.

Barry Keeble explained that this is a government initiative which will initially be funded for three years.

The GP's referral guide is broken down into five steps. Steps 1 to 3 are dealt with by IAPT where as severe cases (steps 4 & 5) will be dealt with by a specialist.

Step 1 Early signs (able to maintain daily living activities, social support and occupation),

Step 2 Mild (Short term/mild/recent distress but feels in control)

Step 3 Moderate (Social support and occupational functioning are showing signs of disruption or breakdown. Self care and daily living affected, showing signs of self neglect.

Barry Keeble explained that they currently have 2000 contacts since 1<sup>st</sup> June. They also visit organisations and sign post them in the right direction.

Lindsey Reed expressed concern over what they are doing to establish these links and also where they refer people who do not meet the necessary criteria.

Barry Keeble's email address is: [barry.keeble@cpft.nhs.uk](mailto:barry.keeble@cpft.nhs.uk)

### **Action**

**DW to obtain information from BK to distribute to the stakeholders.**

**LR & BK to meet and discuss in greater detail.**

## **4. Minutes Of Last Meeting**

(Page 2) DW updated the group on the number of people who had received the flu vaccination. The target group for flu vaccinations are 65 and over plus other vulnerable groups. The national target is to have a 70% uptake of the vaccination for the target group. The majority of the GP practices in Maldon achieve the target, but it would be useful to ensure that flu vaccinations are advertised as widely as possible. This is discussed in AOB.

TV talked about the teen gym. The gym is aimed at young people aged 11–15 years across the Maldon district. TV to bring further information to the next meeting.

(Page 3) Presentation slides have been circulated relating to the village agents project. If you have not received the slides please contact TV who will resend them.

(Page 5) JEC has a meeting at the end of the month to discuss how Adult Community Learning can support the One Place venues in the future. JEC to provide the group with an update at the next meeting.

## **5. Matters Arising**

Paul Gayler is still working on the older person's housing strategy.

PM or JS to update findings at the next meeting.

## **6. Chris West – Update On The Third Sector**

Chris West gave an update and overview of the third sector. He explained that it is divided into four main areas.

Universal Services – These are services available to everyone in the community.

Early Intervention Prevention – Provides support to the supporting groups, and gives early help.

Choice & Control – This gives people choice on the service they will receive, and allows them to make decisions on what is best for them.

Social Capital – Looks at the older people in the community who can provide valuable support experience.

Chris West informed the group that the grant system would be moving to a three year process instead of the current one year based grants. For example the Community and Voluntary grant would be split over three years. There will be a three year cycle starting in each year.

### Personal Budgets

Since October 2008 there have been 4000 new clients from across Essex. The target for 2011 is for 30% of people to be receiving a personal budget.

## **7. LSP Steering Group Update**

Nothing to report.

## **8. Review Of Progress Against Action Plan 2008-2010**

Page 9 (NI 120) DW updated the group on this and All cause Mortality. It was discussed which specification should be resented for providers to bid against. No one placed a bid for this action due to many reasons including cost and time involved. The choice was between young females and older people. It was agreed the older person's specification should be allocated the funding. The Older Person's specification would be circulated to bid against. The amount proposed would be £4,800.

Page 10 Stop Smoking Interventions TV to update the group at the next meeting on this action.

Page 19 & 20 Improve Access The group asked about this action and where we are with the funding to complete this action. To be reviewed at the next meeting.

Page 26 (NI156) JS updated the group about this action, no funding is currently available although they are trying to hit the required targets.

## **9. Partners Update (including home from hospital service, personal community development learning)**

Jenny Coates (Strategic Manager for Partnerships) from Adult Community Learning gave the group an update on personal and community development learning.

JEC felt that this would come under the wellbeing part of the group. It was agreed that this fits with the Health, Housing, Wellbeing Partnership Board. JEC stated that PCDL is now being overtaken by the 'Learning Revolution' which focuses on 'informal Learning'.

With regards to the Learning Revolution JEC expressed that she would like to see local authorities create a strong partnership to implement their local vision of informal adult learning. In some places there are good existing partnerships which can be built on; in others there will need to be an imaginative approach to establishing partnerships that can embrace the challenge of the new vision. They would like to see a join-up between partners, including Primary Care Trusts and the Third Sector. Also like to see informal learning become more clearly visible and integrated with the local contribution to delivering sustainable community strategies. JEC to match proposals against LSP targets.

### **Action**

**JEC to provide a full presentation at the next meeting.**

### **10. Any Other Business**

TV discussed a proposal to the group in relation to seasonal flu advice for the over 60's, and also the keep warm keep well campaign. TV distributed leaflets to the group and informed them where the leaflets are currently been distributed (see Below)

Burnham on Crouch: Foundry Lane (in Co-op) and station road pharmacy.  
Southminster: High Street  
Maldon: Tesco Store, Fullbridge  
Heybridge: Bentalls Centre  
Tollesbury: East Street

Doctors surgeries also have this information.

Possible groups to contact in order to circulate these booklets and posters if required:

Stakeholders within HHWBPB and their organisations  
Community Groups  
Parish Councils and Parish newsletters

Additional areas: Maldon District Council (Housing Dept), Maldon CVS, Libraries in the Maldon District, One Place (Burnham & Southminster), Knightswood in Southminster, Community Centres / Village halls, Moat Housing, Blackwater Leisure Centre / Dengie 100, The Friary, Action For Carers, Heybridge – Plantation Hall, Maldon Town Council.

It was agreed that TV should pursue this action on behalf of the subgroup.

JS updated the group on the hold scheme. This scheme is a national scheme for ownership for people with long term disabilities. Just to announce that the housing association has been successful in applying for grant funding from the homes and communities agency, to assist a couple with learning disabilities currently living in shared supported housing in the district to purchase their own property again within the district. This will be the first hold scheme within the Maldon district area.

**11. Date Of Next Meeting**

14<sup>th</sup> January 2010, 1pm – 3pm Training Room, Maldon District Council