

# Uttlesford

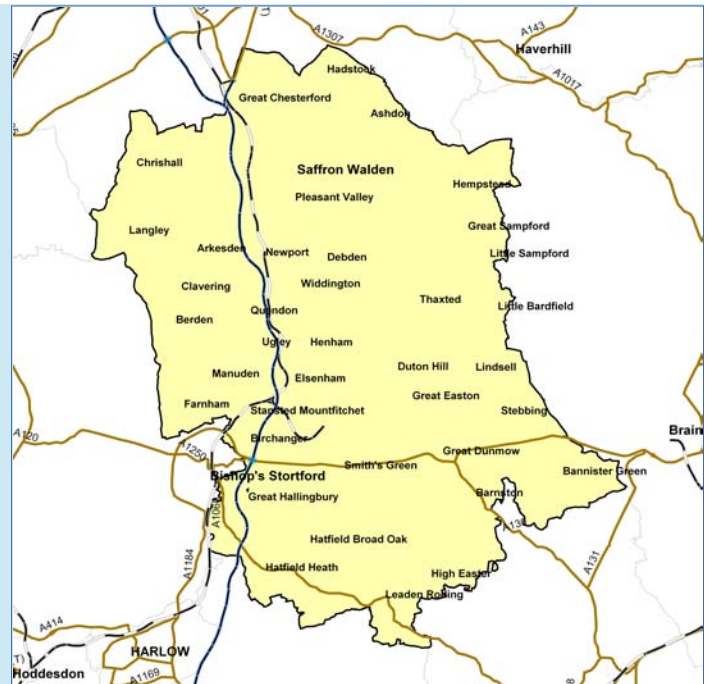
## Health Profile 2007



**This profile gives a snapshot of health in your area. With other local information, this Health Profile has been designed to support action by local government and primary care trusts to tackle health inequalities and improve people's health.**

**Health Profiles are funded by the Department of Health and produced annually by the Association of Public Health Observatories.**

**To view Health Profiles for other local authorities and to find out how they were produced, visit [www.communityhealthprofiles.info](http://www.communityhealthprofiles.info)**



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### Uttlesford at a glance

- Uttlesford is an affluent rural area of 70,000 people in the M11 growth area. Stansted airport lies within Uttlesford. The population has grown moderately (10%) over the last 20 years and is projected to grow by a similar amount over the next 20. One in 5 people are children, and 1 in 5 are over 65.
- There are below average levels of statutorily homeless households.
- Reported violent crime rates are low.
- Teenage pregnancy rates are low. Although smoking in pregnancy and breastfeeding are important indicators of child health, there is a lack of robust data available at a local level.
- Estimated smoking and obesity rates are below average but more than 1 in 6 people still smoke. Healthy eating rates are above average.
- Men can expect to live longer than average. This is reflected in lower than average death rates from smoking, heart disease and deaths in infancy. Nevertheless 1 in 7 of all deaths is due to smoking.
- Road injury and death rates are higher than average.
- There is a lower than average rate of claiming benefits for severe mental health problems, and hospital admissions due to alcohol.
- There is a lower proportion of the population with recorded diabetes.
- 'Uttlesford Futures', the local strategic partnership reflects the four blocks of the Essex Local Area Agreement (LAA) and aims to tackle smoking and obesity rates, as well as road traffic injury.
- The local crime and disorder partnership, part of 'Uttlesford Futures', has its own strategy.

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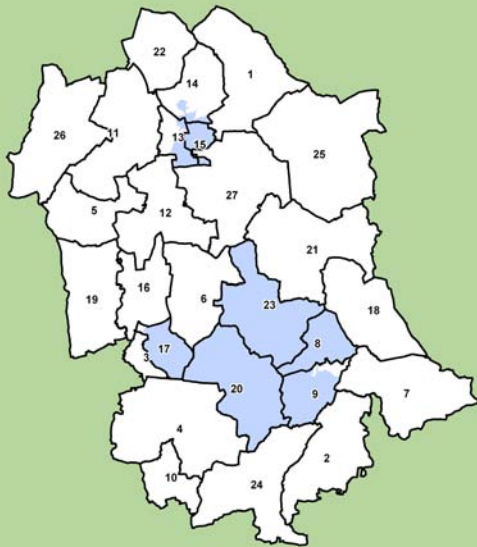


## Income inequalities: a national perspective

This map shows variation in the percentage of people on low income, between small areas in this local authority *in relation to the whole of England* (2003).

### National income groups

- 1 Least income-deprived fifth of areas in England
- 2
- 3
- 4
- 5 Most income-deprived fifth of areas in England

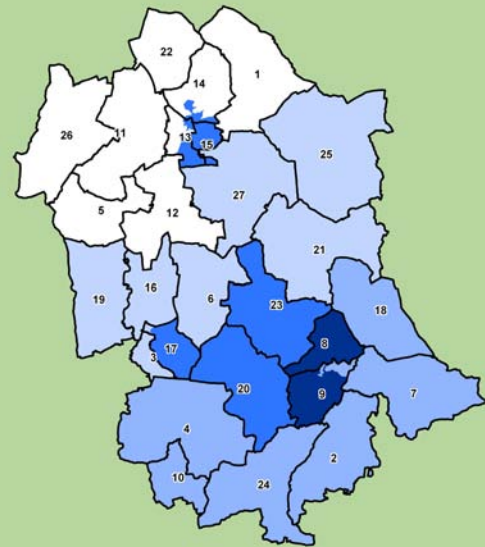


## Income inequalities: a local perspective

This map shows variation in the percentage of people on low income, between small areas *within this local authority* (2003).

### Local income groups

- 1 Least income-deprived fifth of areas in this local authority
- 2
- 3
- 4
- 5 Most income-deprived fifth of areas in this local authority



## Ward legend

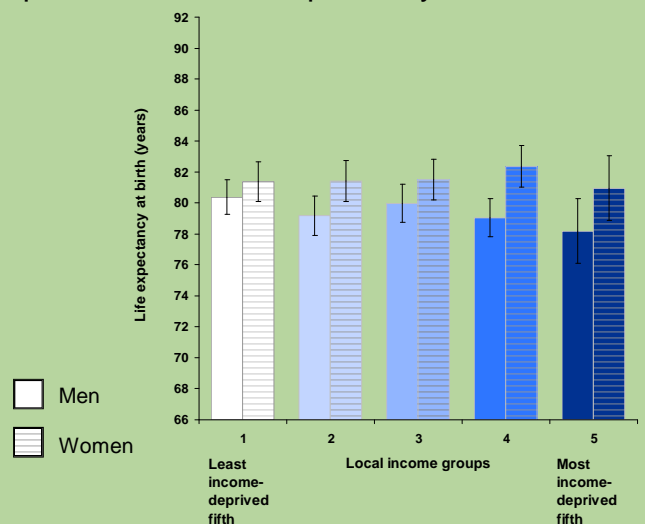
- 1 Ashdon
- 2 Barnston and High Easter
- 3 Birchanger
- 4 Broad Oak and the Hallingburys
- 5 Clavering
- 6 Elsenham and Henham
- 7 Felsted
- 8 Great Dunmow North
- 9 Great Dunmow South
- 10 Hatfield Heath
- 11 Littlebury
- 12 Newport
- 13 Saffron Walden Audley
- 14 Saffron Walden Castle
- 15 Saffron Walden Shire
- 16 Stansted North
- 17 Stansted South
- 18 Stebbing
- 19 Stort Valley
- 20 Takeley and the Canfields
- 21 Thaxted
- 22 The Chesterfords
- 23 The Eastons
- 24 The Rodings
- 25 The Sampfords
- 26 Wenden Lofts
- 27 Wimbish and Debden

Ward boundaries 2005 superimposed upon MSAO (Middle Super Output Area) boundaries. Numbers correspond to ward legend. Ward boundaries may have changed.



## Health inequalities: a local perspective

This chart shows inequalities in life expectancy (2001-05) at birth for men and women for the five local income groups presented in the map directly above.



95% confidence interval. These indicate the level of uncertainty about each value on the graph. Longer/wider intervals mean more uncertainty. When two intervals do not overlap it is reasonably certain that the two groups are truly different.



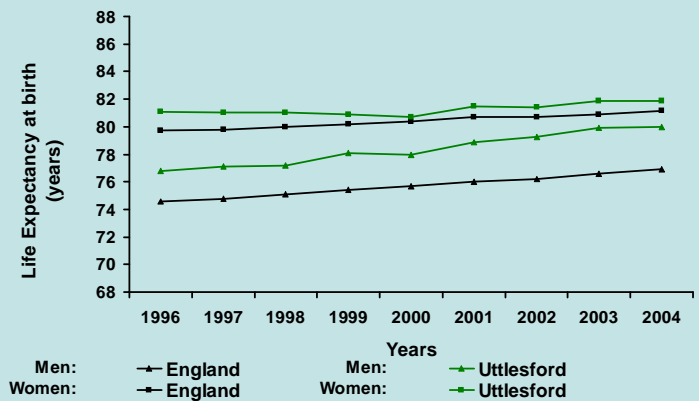
## Health inequalities: changes over time

Trend 1 compares the trend in life expectancy at birth for men and women in this local authority with that for England.

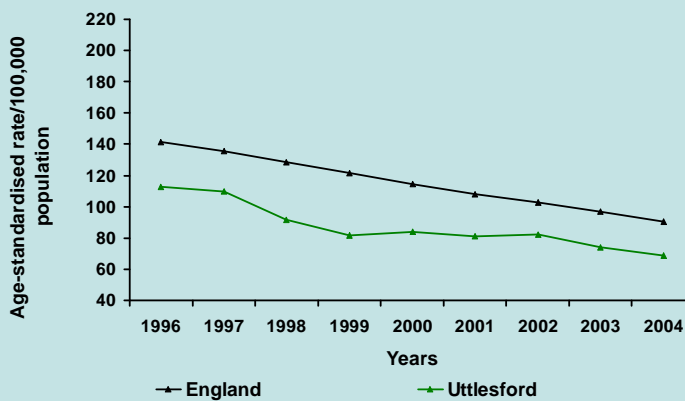
Trend 2 compares the trend in early death rates (all persons under 75 years) from heart disease and stroke in this local authority with that for England.

Trend 3 compares the trend in early death rates (all persons under 75 years) from cancer in this local authority with that for England.

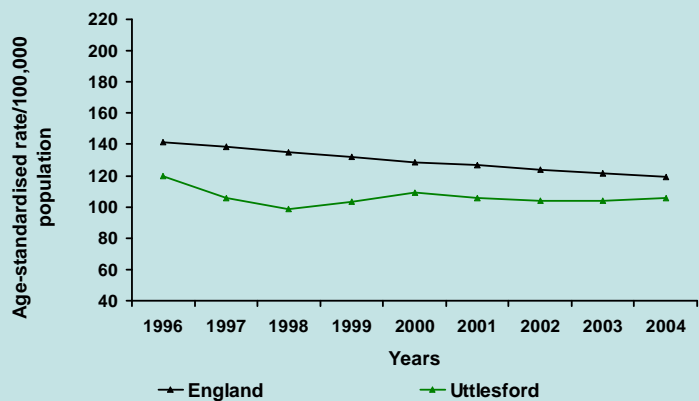
**Trend 1:**  
Life expectancy at birth



**Trend 2:**  
Early death rates from heart disease and stroke



**Trend 3:**  
Early death rates from cancer



## Health inequalities: ethnicity

This chart compares the percentage of the population of each ethnic group in the local authority who are in routine and manual occupations. People in these occupations have poorer health than those in professional

occupations, and are more likely to be smokers. The infant death rate is higher than average among babies born into this group. There are national targets to address these health inequalities.

Percentage and number of people aged 16-74 in routine and manual occupations

Ethnic Group	Percentage	Number
White British	22	10383
White Irish	15	68
White Other	18	213
Mixed	22	48
Indian	12	10
Pakistani	25	n/a
Bangladeshi	58	74
Asian Other	28	9
Black Caribbean	30	15
Black African	30	15
Black Other	25	n/a
Chinese	10	6
Other	15	28

Note: This chart is based on the 2001 Census. Where the total population in an ethnic group in the local authority is less than 30, no data have been presented and the number column shows n/a. Where the number is less than 5, no percentage is shown.

Confidence intervals are shown for local data

□ England - average

■ Uttlesford

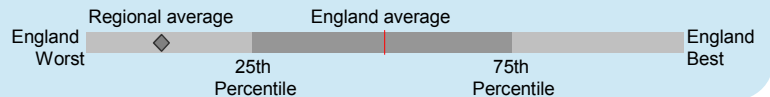


# Health summary for Uttlesford

The chart below shows a number of indicators of people's health in this local authority. It shows the local value for each indicator compared to the England worst, England best, England average and Regional average. The circle indicating the local value is shown as amber if it is significantly better or red if it is significantly worse than the England average. An amber circle may still indicate an important public health burden. A white circle is not significantly different from the England average. For technical information about each indicator, see [www.communityhealthprofiles.info](http://www.communityhealthprofiles.info)

Domain	Indicator	Local No. Per Year	Local Value	Eng Avg	Eng Worst	England Range	Eng Best
Our communities	<b>1</b> Income deprivation	3415	4.9	12.9	31.1		3.3
	<b>2</b> Ecological footprint	n/a	5.788	5.470	6.430		4.904
	<b>3</b> Homelessness	35	3.8	7.8	35.8		0.0
	<b>4</b> Children in poverty	895	6.3	21.3	58.8		5.2
	<b>5</b> GCSE achievement *	578	68.6	57.5	33.6		81.9
	<b>6</b> Violent crime	570	8.1	19.8	41.1		5.0
Giving children and young people a healthy start	<b>7</b> Smoking in pregnancy						
	<b>8</b> Breast feeding						
	<b>9</b> Obese children						
	<b>10</b> Physically active children *						
	<b>11</b> Teenage pregnancy (under 18) *	19	13.9	42.1	95.3		12.8
The way we live	<b>12</b> Adults who smoke *	n/a	17.1	26.0	37.3		15.5
	<b>13</b> Binge drinking adults	n/a	16.6	18.2	29.2		8.8
	<b>14</b> Healthy eating adults	n/a	29.8	23.8	11.4		38.1
	<b>15</b> Physically active adults	n/a	13.5	11.6	7.5		17.2
	<b>16</b> Obese adults	n/a	16.6	21.8	31.0		14.6
	How long we live and what we die of	<b>17</b> Life expectancy - male *	n/a	80.0	76.9	72.5	
<b>18</b> Life expectancy - female *		n/a	81.9	81.1	78.1		86.2
<b>19</b> Deaths from smoking		94	168.4	234.4	366.5		147.6
<b>20</b> Early deaths: heart disease & stroke *		54	68.7	90.5	151.3		44.9
<b>21</b> Early deaths: cancer *		83	105.8	119.0	168.0		81.6
<b>22</b> Infant deaths *		1	1.9	5.1	9.9		1.2
<b>23</b> Road injuries and deaths		88	125.5	59.9	214.1		20.2
Health and ill health in our community	<b>24</b> Feeling 'in poor health'	3819	4.8	7.8	15.4		4.2
	<b>25</b> Mental health	430	9.9	27.4	72.0		8.5
	<b>26</b> Hospital stays due to alcohol	108	149.6	247.7	652.4		85.6
	<b>27</b> Drug misuse	262	5.7	9.9	34.9		1.3
	<b>28</b> People with diabetes	2088	2.9	3.7	5.9		2.1
	<b>29</b> Children's tooth decay	n/a	0.6	1.5	3.2		0.4
	<b>30</b> Sexually transmitted infections						
	<b>31</b> Older people: hip fracture	103	661.8	565.3	936.8		259.7

- Significantly better than England average
- Significantly worse than England average
- Not significantly different from England average
- \* PSA Target Measure 2005-2008



### Note (numbers in bold refer to the above indicators)

**1** % of residents dependent on means-tested benefits. 2003. **2** Land (hectares per capita) required to support an average resident's lifestyle; no significance calculated. 2001. **3** % of households on local authority housing register who are statutorily homeless. 2004/05. **4** % in low-income households. 2001. **5** % achieving 5 A\*-C. 2005/06. **6** Crude rate/1,000 pop 2005/06. **7 8 9 10 30** No comparable local data currently available. **11** Crude rate/1,000 female pop. aged 15-17. 2002-04. **12 13 14 16** %. Modelled estimates from the Health Survey for England. **12 13 16** 2000-02. **14** 2001-02. **15** %. 2005/06. **17 18** Years. 2003-05. **19** Directly age standardised rate/100,000 pop. aged 35 or over. 2003-05. **20 21** Directly age standardised rate/100,000 pop. under 75. 2003-05. **22** Crude rate/1,000 live births. 2003-05. **23** Crude rate/100,000 pop. 2003-05. **24** Directly age standardised %. 2001. **25** Crude rate claimants of benefits/allowances for mental or behavioural disorders/1,000 working age pop. 2005. **26** Directly age sex standardised rate/100,000 pop. 2005/06. **27** Crude rate/1,000 pop. aged 15-64; no significance calculated for lower tier authorities. 2004/05. **28** %. 2005/06. **29** Average no. of decayed, missing and filled teeth in children aged 5; data incomplete or missing for some areas. 2005/06. **31** Directly age standardised rate/100,000 pop. aged 65 and over. 2005/06.

For more information from your regional PHO, visit [www.apho.org.uk](http://www.apho.org.uk)

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